

The Importance of Getting Involved at Auburn University

Sydney Babb wears many hats at Auburn University. As a full-time Journalism student, a Camp War Eagle Counselor and First Year Experience counselor, Babb is constantly conveying the go-getter energy of Auburn University. Babb is also a member of the Honors College, is an Athletic Recruiter for football, is a member of Eagle Eye TV as an anchor and reporter, news producer, and now executive producer, and also writes for the Plainsman at Auburn University. “I always knew that I wanted to go to a large SEC school growing up in Alabama and in my senior year I had to decide between here and the University of Alabama. When I came on my tour of Auburn, I fell in love with all the traditions surrounding the school as well as the sense of community that surrounds everyone from the town to the school,” said Babb about her choice to come to Auburn.

During her childhood, Babb loved to read and write, This eventually led her to create movies at home, and to join her high school’s theater program. Her love of being in front of the camera was what interested her in joining Eagle Eye TV as an anchor. “I loved being on camera, but even more, I love writing stories and going out to talk to people and hear from them personally to get to share their stories. editing and camera work is kind of a fun bonus for me that gets added onto that,” said Babb, “ Journalism lets me continue to focus on reading and writing, but broadcasting lets me highlight my creative side and tell stories in a unique way.”

When asked how she got involved in so many organizations and clubs on campus, Babb had a simple answer. “Most of the things I’m involved in came from checking out AU Involve my freshman year. Once you hear about one or two organizations, you kind of just hear about the rest from the people around you. It kind of spreads itself like wildfire on campuses like Auburn because the majority of students that are involved are involved in more than one thing, so people join things that their friends are a part of, that’s how it worked out with me for sure.”

Creating the work- life balance that works for her has been a key feature in allowing Babb to be so involved. “I think that finding a balance between everything is important. I’ve learned how to step away and have moments to myself that allow me to recharge and get work done. Keeping a planner was something I never used to do but now is essential and basically the only way I keep everything straight. And then having hobbies and things you can do alone and with friends is important as well.” Babb emphasizes finding things that you love, and finding something within that area. “There’s always going to be another person who tries to compete and have an ‘I’m busier’ argument, proving your worth and your involvement should never come before taking care of your physical and mental health. Join things because you’re truly passionate about them or because you enjoy the community attached to them.” These things have led Babb to creating a college experience she enjoys, and has felt has served her in more ways than she can count. Getting involved at Auburn University is rewarding, and allowing yourself to experience things is crucial for one’s development, both personally and professionally.